

Prueba 1
22/11/2025

Masc., 200m Libre

Absoluto Masculino
Lista de salida

MMR 17	1:51.12	DE RAMON SUAREZ, JORGE	26/11/2016
MMR 16	1:49.97	CROX ACUÑA, ERNESTO	15/12/2006
MMR 15	1:52.75	CROX ACUÑA, ERNESTO	17/12/2005
MMR 14	1:58.37	VAZQUEZ HERNANDEZ, DIEGO	25/10/2025
MMR 13	1:59.45	GONZALEZ NEGRIN, ARES	22/02/2025
MMR 12	2:05.81	GONZÁLEZ NEGRIN, ARES	09/11/2024
RR ABS	1:48.15	BRANNERUD GARCIA, JUAN GUSTESP	06/11/2015

AN

Serie 1 de 4

3 QUINTANA BENITEZ, Luis	11	C.N. Carucagua	NT	___:___:___
4 CARRETERO LLARENA, Yeron	10	C.N. Villa De Agüimes 2016	2:54.30 50m	___:___:___
5 TACORONTE PEREZ, Francisco	12	C.P.Santa Mª De Guía	3:22.19 25m	___:___:___

Serie 2 de 4

2 HERNANDEZ ROCIO, Francisco Javier	10	C.N. Valleverde	2:42.70 25m	___:___:___
3 HERNANDEZ CURBELO, Unai	10	C.D. Nonadamos	2:38.67 25m	___:___:___
4 DIAZ VERDE, David	07	Cn.Salinas Sta.Lucia	2:25.63 25m	___:___:___
5 RODRIGUEZ SANTANA, Mario	13	C.N. Villa De Agüimes 2016	2:39.14 50m	___:___:___
6 CARRERO SERRANO, Gabriel Jhosue	13	C.D. Herbania	2:43.59 50m	___:___:___
7 HERNANDEZ SANTANA, Erik	11	C.N. Carucagua	2:51.55 50m	___:___:___

Serie 3 de 4

1 MATEO HERNANDEZ, Alexis	10	C.N. Valleverde	2:24.47 50m	___:___:___
2 ALAMO ESPINO, Joaquin	09	Club Deportivo Agaeterun	2:14.24 50m	___:___:___
3 DOS REIS SANTANA, Alejandro	04	C.N. Aguacan	2:09.16 25m	___:___:___
4 CHAVARREN CORUJO, Asier	98	C.N. Aguacan	2:04.97 50m	___:___:___
5 TOBAL FEBLES, Gabriel	10	C.D. Herbania	2:07.55 50m	___:___:___
6 ESTRADA GARCIA, Borja	11	C.D. Nonadamos	2:13.13 50m	___:___:___
7 DIAZ ALAMO, Matias	11	Club Deportivo Agaeterun	2:20.17 50m	___:___:___

Serie 4 de 4

1 CABRERA WINTER, Alvaro	01	C.N..Faynagua C. Telde	2:04.73 50m	___:___:___
2 GUILLEN PEÑA, Victor	02	C.P.Santa Mª De Guía	2:03.29 50m	___:___:___
3 ALONSO DOMINGUEZ, Manuel	00	C.N. Metropole	1:55.84 25m	___:___:___
4 HERRERA TORRES, Carlos	04	C.N. Metropole	1:54.29 50m	___:___:___
5 MANZATTO VACCARO, Nicolas	06	Esna Lanzarote	1:55.76 25m	___:___:___
6 COLODRERO MUÑOZ, Ivan	09	Esna Lanzarote	1:59.43 50m	___:___:___
7 RAMIREZ MORALES, Sergio C.	03	Cn.Salinas Sta.Lucia	2:03.90 50m	___:___:___

Prueba 2
22/11/2025

Fem., 400m Estilos

Absoluto Femenino
Lista de salida

MMR 17	4:48.06	BERNARD BERNARD, ESCARLATA	19/11/2006
MMR 16	4:50.51	BERNARD BERNARD, ESCARLATA	17/12/2005
MMR 15	5:00.02	BERNARD BERNARD, ESCARLATA	04/12/2004
MMR 14	5:08.94	KJAERULFF, KARINA	01/01/1988
MMR 13	5:17.92	NUÑEZ CATALAN, MARIA	12/12/2009
MMR 12	5:30.79	WOOD MESA, MARIA	26/10/2024
RR ABS	4:44.88	BERNARD BERNARD, ESCARLATA	18/04/2009

AN

Serie 1 de 3

2 PEREZ MUÑOZ, Claudia	08	Esna Lanzarote	NT	_____
3 GIL ALAMO, Samirah	13	Club Deportivo Agaeterun	NT	_____
4 JIMENEZ PINEDA, Leyre	12	Cn.Salinas Sta.Lucia	6:46.82 25m	_____
5 NARANJO NOVAL, Lucia	10	C.D. Herbania	NT	_____
6 MARTEL TORRES, Carmen	13	Cn.Salinas Sta.Lucia	NT	_____
7 NAVARRO PARRILLA, Aisha	11	C.N. Valleverde	NT	_____

Serie 2 de 3

1 TOBAL FEBLES, Helena	13	C.D. Herbania	6:42.03 25m	_____
2 PEREZ CERVILLA, Carla	09	C.D. Nonadamos	6:16.63 25m	_____
3 PEREZ SUAREZ, Laura	01	C.N..Faynagua C. Telde	6:13.13 25m	_____
4 ALAMO MATOS, Ariadna	09	C.N. Carucagua	5:55.75 25m	_____
5 CEDRES ESPINOSA, Martina	09	Esna Lanzarote	6:13.03 50m	_____
6 FALCON AFONSO, Ines	13	C.N. Carucagua	6:15.76 25m	_____
7 PEREZ CERVILLA, Alba	12	C.D. Nonadamos	6:35.60 50m	_____

Serie 3 de 3

1 SUAREZ MACIAS, Gabriela	09	C.N. Aguacan	5:57.08 50m	_____
2 BATISTA RIOS, Marta	11	C.N. Metropole	5:41.32 50m	_____
3 WOOD MESA, Maria	12	C.N. Metropole	5:28.43 50m	_____
4 DENBY, Kennedy Hope	05	C.N. Las Palmas	5:01.59 25m	_____
5 HERNANDEZ MARTIN, Nerea	03	C.N. Las Palmas	5:13.40 50m	_____
6 SARMIENTO NARANJO, Carla	09	C.N. Villa De Agüimes 2016	5:40.84 50m	_____
7 BONILLA BORDON, Ines	06	C.N. Aguacan	5:43.94 25m	_____

Prueba 3
22/11/2025

Masc., 50m Espalda

Absoluto Masculino
Lista de salida

MMR 17	25.56	CALDERON IGLESIAS, ALEJANDRO	27/11/2015
MMR 16	25.81	CALDERON IGLESIAS, ALEJANDRO	15/11/2014
MMR 15	27.15	CALDERON IGLESIAS, ALEJANDRO	16/11/2013
MMR 14	27.43	BELAMENDIA COTORRUELO, GERALD	30/12/2021
MMR 13	30.22	PLASENCIA GONZALEZ, DANIEL	28/12/2024
MMR 12	31.77	GONZALEZ NEGRIN, ARES	22/12/2024
RR ABS	24.50	MENIKOV, VITALIY ESP	26/10/2013

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Serie 1 de 4

3 SOSA LA CAMERA, Daniel Nauzet	10	C.N. Valleverde	NT	_____
4 HERNANDEZ CURBELO, Unai	10	C.D. Nonadamos	43.60 50m	_____
5 PADRON GARCIA, Mauro	13	C.P.Santa Mª De Guia	44.56 50m	_____

Serie 2 de 4

2 CAMPANALUNGA MORALES, Fabio	10	C.N..Faynagua C. Telde	41.66 50m	_____
3 DASCULTU, Vlad Gabriel	12	Esna Lanzarote	37.75 50m	_____
4 SANTANA ACUÑA, Gorka	09	C.D. Nonadamos	35.14 50m	_____
5 SANTANA VALENTIN, Hector	08	C.N. Villa De Agüimes 2016	35.37 50m	_____
6 MATO VAZQUEZ, Rodrigo	13	C.D. Herbania	41.12 50m	_____

Serie 3 de 4

1 QUINTANA BENITEZ, Marcos	09	C.N. Carucagua	33.26 25m	_____
2 GUTIERREZ MORENO, Lucas Del Carmen	11	Club Deportivo Agaeterun	33.48 50m	_____
3 CAMPANALUNGA MORALES, Enzo	08	C.N..Faynagua C. Telde	33.07 50m	_____
4 MONZON HENRIQUEZ, Hugo	10	Club Deportivo Agaeterun	32.20 50m	_____
5 PONCE PADRON, Ignacio	08	C.N. Carucagua	31.51 25m	_____
6 LAGO CARABALLO, Saul	98	Cn.Salinas Sta.Lucia	31.86 25m	_____
7 RODRIGUEZ PULIDO, Daniel	89	C.N. Valleverde	34.26 50m	_____

Serie 4 de 4

1 CARRERO SERRANO, Marcos Daniel	09	C.D. Herbania	30.27 50m	_____
2 SALUTREGUI GOMEZ, Nicolas	01	C.N. Aguacan	29.66 50m	_____
3 MARTIN SUAREZ, Alejandro	00	C.N. Aguacan	29.36 50m	_____
4 VANHOUCKE, Louka	02	C.N. Metropole	28.09 50m	_____
5 ARANDA GALLEG0, Jose Juan	75	Esna Lanzarote	27.26 25m	_____
6 VILLANUEVA JODKO, Aleksander	08	Cn.Salinas Sta.Lucia	29.64 50m	_____
7 GARCIA CARRETERO, Nicolas	09	C.N. Metropole	29.96 50m	_____

Prueba 4
22/11/2025

Fem., 50m Espalda

Absoluto Femenino
Lista de salida

MMR 17	29.21	ALVAREZ PEREZ, CINTIA		30/11/2012
MMR 16	29.15	DURAN ORTIZ, SELENA	GIJÓN	15/11/2019
MMR 15	30.26	QUINTANA PEREZ, MARIA XIN		15/12/2018
MMR 14	29.79	RODRIGUEZ RIVERO, PAULA		16/12/2016
MMR 13	31.14	CABALLERO MARTIN, PATRICIA		11/10/2025
MMR 12	32.26	SOCORRO ESTUPIÑAN, CINTHIA	LAS PALMAS DE G.C.	05/10/2012
RR ABS	27.95	PACHECO DE SOUSA, MARIANA		13/11/2025

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Serie 1 de 4

2 GARCIA PEREZ, Paola	06	C.P.Santa Mª De Guia	NT	_____
3 CONEJO GRIMON, Martina	11	C.D. Nonadamos	46.09 25m	_____
4 SANTANA RODRIGUEZ, Laura	11	C.N. Valleverde	43.17 25m	_____
5 FLEITAS DIAZ, Maria Edelmira	11	C.P.Santa Mª De Guia	44.11 50m	_____
6 CARRASCOSA SANTAMARIA, Sara	08	C.N..Faynagua C. Telde	46.57 25m	_____

Serie 2 de 4

1 FERNANDEZ IBRAHIM, Maria Cristina	08	C.D. Herbania	42.43 25m	_____
2 LOPEZ CELAYE, Emma Abril	12	C.D. Nonadamos	41.00 25m	_____
3 PEREZ LUIS, Lucia	08	C.D. Herbania	38.13 25m	_____
4 NUEZ CABRERA, Alba	09	C.N. Carucagua	37.11 50m	_____
5 TABARES HERNANDEZ, Daniela	09	C.N. Valleverde	38.01 25m	_____
6 CEDRES ESPINOSA, Valeria	09	Esna Lanzarote	41.86 50m	_____
7 CONTESSI, Alice	12	C.N. Villa De Agüimes 2016	41.99 50m	_____

Serie 3 de 4

1 NAVARRO LUZARDO, Aranzazu	08	C.N. Carucagua	36.20 25m	_____
2 ALAMO HERRERA, Julia	07	Club Deportivo Agaeterun	35.87 25m	_____
3 DI BERNARDO, Lucrecia	13	Cn.Salinas Sta.Lucia	35.58 50m	_____
4 VALIDO SANTANA, Andrea	01	C.N. Aguacan	32.88 50m	_____
5 RIJO MARTIN, Sara	08	Esna Lanzarote	33.56 25m	_____
6 GIMENEZ CASTILLA, Maria	07	C.N..Faynagua C. Telde	35.06 25m	_____
7 DUBOIS RIVERO, Lara	10	C.N. Villa De Agüimes 2016	37.06 50m	_____

Serie 4 de 4

1 QUINTILLA MODREGO, Laia	88	Club Deportivo Agaeterun	32.37 50m	_____
2 FERNANDEZ ANDRES, Lola	11	Cn.Salinas Sta.Lucia	31.76 50m	_____
3 SANTANA DRAGO, Leire	07	C.N. Las Palmas	31.51 50m	_____
4 RODRIGUEZ RIVERO, Paula	02	C.N. Las Palmas	29.43 50m	_____
5 BERNARD BERNARD, Escarlata	89	C.N. Metropole	28.80 25m	_____
6 CABALLERO MARTIN, Patricia	12	C.N. Metropole	31.73 50m	_____
7 HERNANDEZ CASTRILLO, Yessica	00	C.N. Aguacan	31.32 25m	_____

Prueba 5
22/11/2025

Masc., 200m Mariposa

Absoluto Masculino
Lista de salida

MMR 17	2:00.81	GARCIA RAMIREZ, ALEJANDRO	28/11/2015
MMR 16	2:01.93	GARCIA RAMIREZ, ALEJANDRO	12/12/2014
MMR 15	2:05.72	CURBELO TEJERA, ADRIAN	28/11/2014
MMR 14	2:12.62	CURBELO TEJERA, ADRIAN	15/11/2013
MMR 13	2:20.71	GONZALEZ NEGRIN, ARES	22/02/2025
MMR 12	2:31.29	GONZALEZ NEGRIN, ARES	31/05/2024
RR ABS	1:55.49	LENADOR RIVAS, CARLOS	26/11/2009

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Serie 1 de 3

2 GONZALEZ RODRIGUEZ, Javier	06	C.P.Santa Mª De Guia	NT	_____
3 SANCHEZ NAVARRO, Ian	08	C.N. Valleverde	3:16.88	25m _____
4 PARDO, Alessandro Francesco	13	C.N. Villa De Agüimes 2016	2:57.44	25m _____
5 DAMIANI, Giorgio	12	Club Deportivo Agaeterun	3:04.67	25m _____
6 GONZALEZ PATO, Asier	13	Esna Lanzarote	3:20.17	50m _____

Serie 2 de 3

1 SANCHEZ RODRIGUEZ, Adrian	12	C.D. Nonadamos	3:00.23	50m _____
2 POLADASHVILI, Andria	11	C.N. Carucagua	2:58.57	50m _____
3 SANTANA VALIDO, Alan	05	C.N. Aguacan	2:43.49	50m _____
4 SUAREZ BAEZ, Eloy	09	Cn.Salinas Sta.Lucia	2:38.44	25m _____
5 MATEOS SEGURA, Pablo	10	Club Deportivo Agaeterun	2:38.64	25m _____
6 NUEZ CRUZ, Gadiel	09	C.N. Aguacan	2:57.98	50m _____
7 HERNANDEZ PEREZ, Abian	09	C.N. Valleverde	3:00.00	50m _____

Serie 3 de 3

1 CARAMES HUERTAS, Oriol	08	C.N..Faynagua C. Telde	2:33.23	25m _____
2 OUBIÑA CORVALAN, Marcos A	05	Cn.Salinas Sta.Lucia	2:31.54	25m _____
3 CABRERA WINTER, Alvaro	01	C.N..Faynagua C. Telde	2:23.22	50m _____
4 TUYA TAVIO, Javier	09	C.N. Metropole	2:18.28	50m _____
5 ACOSTA ARMAS, Agoney	07	C.N. Metropole	2:22.63	50m _____
6 VIERA VIERA, Acoran	03	C.D. Nonadamos	2:23.81	50m _____
7 AVERO RODRIGUEZ, Angel	11	C.D. Herbania	2:31.61	25m _____

Prueba 6
22/11/2025

Fem., 200m Mariposa

Absoluto Femenino
Lista de salida

MMR 17	2:15.56	MUELA, ARANZAZU	01/01/2004
MMR 16	2:12.90	MUELA, ARANZAZU	21/12/2003
MMR 15	2:20.15	KJAERULFF, KARINA	01/01/1989
MMR 14	2:21.11	KJAERULFF, KARINA	01/01/1988
MMR 13	2:23.09	VIDAL SIMON, PAULA	13/11/2015
MMR 12	2:29.34	VIDAL SIMON, PAULA	13/12/2014
RR ABS	2:11.28	PACHECO DE SOUSA ALMEIDA, MARIANA	15/11/2024

AN

Serie 1 de 3

3 ESTEVEZ RAMOS, Claudia	13	C.P.Santa Mª De Guia	3:28.52	25m	___:___:___
4 PEREZ CERVILLA, Carla	09	C.D. Nonadamos	3:13.72	50m	___:___:___
5 FAJARDO SANCHEZ, Valeria	11	C.D. Herbania	3:28.29	50m	___:___:___
6 GIL ALAMO, Samirah	13	Club Deportivo Agaeterun	NT		___:___:___

Serie 2 de 3

1 CABALLERO RUIZ, Elena	11	C.N. Metropole	3:12.72	50m	___:___:___
2 HERRERA FIGUEIRAS, Tania	13	Esna Lanzarote	3:04.40	25m	___:___:___
3 ALAMO SANTOS, Rocio	11	Club Deportivo Agaeterun	3:05.55	50m	___:___:___
4 MARTIN MELIAN, Raquel	99	Esna Lanzarote	2:54.55	50m	___:___:___
5 MERCADO RODRIGUEZ, Lia	12	C.D. Nonadamos	3:01.05	50m	___:___:___
6 DI BERNARDO, Virginia	11	Cn.Salinas Sta.Lucia	3:04.12	25m	___:___:___
7 MORENO DOMINGUEZ, Paola	07	C.N. Carucagua	3:09.30	50m	___:___:___

Serie 3 de 3

1 PEREZ SUAREZ, Laura	01	C.N..Faynagua C. Telde	2:50.64	25m	___:___:___
2 LOPEZ SOSA, Carla	09	Cn.Salinas Sta.Lucia	2:48.84	50m	___:___:___
3 GONZALEZ GONZALEZ, Janeth	10	C.N. Aguacan	2:42.92	50m	___:___:___
4 ULIBARRI SANCHEZ, Ines	09	C.N. Las Palmas	2:19.22	25m	___:___:___
5 FUENTES MONTES, Amaya	08	C.N. Las Palmas	2:25.40	50m	___:___:___
6 LELAJ, Mirela Flora	11	C.N. Metropole	2:46.99	50m	___:___:___
7 SARMIENTO OJEDA, Andrea	12	C.N. Aguacan	2:50.19	50m	___:___:___

Prueba 7
22/11/2025

Masc., 100m Braza

Absoluto Masculino
Lista de salida

MMR 17	1:03.86	ABASCAL, JOAQUIN	13/12/2003
MMR 16	1:04.57	SÁNCHEZ MEDINA, IAN	17/12/2022
MMR 15	1:06.92	LEON JULIÁ, MARCO	30/11/2024
MMR 14	1:07.77	CERES, INTI	28/12/2019
MMR 13	1:12.63	BOIKO, GLEB	17/11/2024
MMR 12	1:16.21	MACIAS UMPIERREZ, DAVID MANUEL	29/12/2004
RR ABS	59.18	FERREIRA AMORIN, ALEXANDRE ESP	15/11/2024

AN

Serie 1 de 4

3 RIVERO MEDINA, Joel	05	Cn.Salinas Sta.Lucia	NT	___:___:___
4 BETANCORT RODRIGUEZ, Javier	03	Esna Lanzarote	NT	___:___:___
5 MORERA VEGA, Aitor	11	C.N. Carucagua	NT	___:___:___

Serie 2 de 4

2	TRICCA, Alexander	13	C.D. Herbania	1:45.58	25m	___:___:___
3	ALVAREZ GONZALEZ, Hugo	12	C.D. Herbania	1:39.67	25m	___:___:___
4	GUILLEN MORENO, Omar	12	C.P.Santa Mª De Guia	1:35.11	50m	___:___:___
5	HERRERA AYMAR, Sergio	13	C.P.Santa Mª De Guia	1:38.31	25m	___:___:___
6	SUAREZ ORTEGA, Aaron	13	C.N. Villa De Agüimes 2016	1:40.93	25m	___:___:___
7	BENITEZ SUAREZ, Jorge	09	Club Deportivo Agaeterun	NT		___:___:___

Serie 3 de 4

1 RUANO ZERPA, Fabio	10	C.N..Faynagua C. Telde	1:31.93	50m	___:___:___
2 ALAMO HERRERA, Jorge	11	Club Deportivo Agaeterun	1:28.38	50m	___:___:___
3 CARDONA RAMIREZ, Jose Miguel	12	Cn.Salinas Sta.Lucia	1:23.13	50m	___:___:___
4 MERINO FAJARDO, Eduardo	09	C.D. Nonadamos	1:15.55	50m	___:___:___
5 CABRERA MAROTO, Jose	11	C.N. Carucagua	1:21.95	50m	___:___:___
6 DUARTE RIVADO, Raul	90	C.N. Valleverde	1:26.25	50m	___:___:___
7 VAN KERKHOF REGUERO, Jesper	09	C.N..Faynagua C. Telde	1:28.91	50m	___:___:___

Serie 4 de 4

1 BEDOYA OTERO, Omar	81	C.N. Valleverde	1:15.19	50m	___:___:___
2 ALVAREZ VALENCIA, Nestor	00	Esna Lanzarote	1:08.77	25m	___:___:___
3 CERPA CABALLERO, Jonay Salvador	99	C.N. Aguacan	1:08.35	50m	___:___:___
4 LEON JULIA, Marco	09	C.N. Metropole	1:05.15	50m	___:___:___
5 SANCHEZ MEDINA, Ian	06	C.N. Metropole	1:03.53	25m	___:___:___
6 RIOS ROMERO, Joaquin	04	C.D. Nonadamos	1:08.68	25m	___:___:___
7 GONZALEZ POU, Daniel	01	C.N. Aguacan	1:13.17	50m	___:___:___

Prueba 8
22/11/2025

Fem., 100m Braza

Absoluto Femenino
Lista de salida

MMR 17	1:08.89	ALVAREZ PEREZ, EVELYNE	03/12/2010
MMR 16	1:07.51	ALVAREZ PEREZ, EVELYNE	28/03/2009
MMR 15	1:11.46	ALVAREZ PEREZ, EVELYNE	20/12/2008
MMR 14	1:14.48	ALVAREZ PEREZ, EVELYNE	21/04/2007
MMR 13	1:15.56	ALVAREZ PEREZ, EVELYNE	09/04/2006
MMR 12	1:18.05	JIMENEZ NUEZ, CRISTINA	30/12/2016
RR ABS	1:07.51	ALVAREZ PEREZ, EVELYNE	28/03/2009

LAS PALMAS DE G.C.

AN

Serie 1 de 3

1 RUIZ DIAZ, Julia	10	C.N. Carucagua	NT	___:___:___
2 SANTANA RODRIGUEZ, Laura	11	C.N. Valleverde	1:52.11 50m	___:___:___
3 ORTEGA QUINTANA, Elena	11	C.N. Carucagua	1:42.27 25m	___:___:___
4 GIMENEZ CASTILLA, Maria	07	C.N..Faynagua C. Telde	1:32.19 25m	___:___:___
5 JIMENEZ BENITEZ, Irene	13	Club Deportivo Agaeterun	1:38.83 50m	___:___:___
6 SANTANA RIO, Leire	12	Club Deportivo Agaeterun	1:49.22 25m	___:___:___
7 CARRASCOSA SANTAMARIA, Sara	08	C.N..Faynagua C. Telde	1:50.97 25m	___:___:___

Serie 2 de 3

1 BRAUN, Zoe	11	Esna Lanzarote	1:32.08 50m	___:___:___
2 CAMACHO TOLEDO, Aitana	14	Esna Lanzarote	1:27.67 25m	___:___:___
3 SANTANA RAMIREZ, Carmen	07	C.N. Metropole	1:25.57 50m	___:___:___
4 GODOY FALCON, Ma Daniela	06	C.P.Santa Mª De Guia	1:23.41 50m	___:___:___
5 GONZALEZ GONZALEZ, Aitana	10	C.D. Nonadamos	1:22.93 25m	___:___:___
6 MORALES GONZALEZ, Aroa	08	C.N. Aguacan	1:27.09 25m	___:___:___
7 FERRERA VILAR, Nayade	12	C.D. Nonadamos	1:32.07 50m	___:___:___

Serie 3 de 3

1 GLENESK FLORES, Lucia	08	C.D. Herbania	1:21.66 25m	___:___:___
2 MENDEZ RAMIREZ, Zoe	12	Cn.Salinas Sta.Lucia	1:22.34 50m	___:___:___
3 HERNANDEZ MARTIN, Nerea	03	C.N. Las Palmas	1:20.30 25m	___:___:___
4 CERPA CABALLERO, Xiomara Ma	01	C.N. Aguacan	1:16.72 25m	___:___:___
5 ARIAS FREIRE, Sophia Alejandra	10	Cn.Salinas Sta.Lucia	1:17.41 25m	___:___:___
6 MEDINA HERNANDEZ, Jade	10	C.N. Las Palmas	1:22.21 50m	___:___:___
7 QUIROS FERNANDEZ, Eva	12	C.N. Metropole	1:22.82 50m	___:___:___

Prueba 9
22/11/2025

Masc., 1500m Libre

Absoluto Masculino
Lista de salida

MMR 17	15:27.55	SANTIAGO BETANCOR, RAUL	20/12/2014
MMR 16	15:33.87	GARCIA RAMIREZ, ALEJANDRO	20/12/2014
MMR 15	16:16.55	MALMIERCA JULIAN, MIGUEL ANGEL	28/12/2018
MMR 14	16:21.14	SANTIAGO BETANCOR, RAUL	03/12/2011
MMR 13	17:06.41	MALMIERCA JULIAN, MIGUEL ANGEL	26/11/2016
MMR 12	18:32.43	MARTINEZ SANCHEZ, ADEX	06/11/2004
RR ABS	14:48.92	SANTIAGO BETANCOR, RAUL ESP	16/12/2016

AN

Serie 1 de 2

2 MACHIN CABRERA, Roberto	93	C.N. Valleverde	NT	_____
3 MICO FERNANDEZ, Pedro	11	C.D. Herbania	23:55.93 50m	_____
4 DIAZ ALAMO, Matias	11	Club Deportivo Agaeterun	19:47.16 25m	_____
5 GIL RODRIGUEZ, Himar	11	C.N. Carucagua	19:52.54 25m	_____
6 FDEZ DIAZ, Santiago	06	Esna Lanzarote	NT	_____

Serie 2 de 2

1 PEREZ CERVILLA, Daniel	07	C.D. Nonadamos	19:09.75 50m	_____
2 HENRIQUEZ HERNANDEZ, Rafael	87	C.N. Aguacan	18:22.44 25m	_____
3 SANTANA SARMIENTO, Miguel	83	C.N..Faynagua C. Telde	17:21.80 25m	_____
4 COCERA CORDON, Yare	05	C.N. Metropole	15:52.83 25m	_____
5 GOMEZ RODRIGUEZ, Daniel	09	C.N. Aguacan	17:25.38 50m	_____
6 SANTANA RAMIREZ, Adrian	08	Cn.Salinas Sta.Lucia	18:14.17 50m	_____
7 ALAMO ESPINO, Joaquin	09	Club Deportivo Agaeterun	18:30.29 25m	_____

Prueba 10
22/11/2025

Fem., 4 x 200m Libre

Absoluto Femenino
Lista de salida

RR ABS	8:11.68	C.N. METROPOLE	27/11/2009
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Serie 1 de 2

3 C.D. Nonadamos 1	C.D. Nonadamos	10:26.24 25m	_____
4 C.N. Carucagua 1	C.N. Carucagua	10:19.79 25m	_____
5 C.D. Herbania 1	C.D. Herbania	10:35.70 50m	_____
6 C.N. Valleverde 1	C.N. Valleverde	NT	_____

Serie 2 de 2

1 Club Deportivo Agaeterun 1	Club Deportivo Agaeterun	9:46.71 25m	_____
2 Esna Lanzarote 1	Esna Lanzarote	9:39.72 50m	_____
3 C.N. Aguacan 1	C.N. Aguacan	9:04.73 25m	_____
4 C.N. Las Palmas 1	C.N. Las Palmas	8:38.57 50m	_____
5 C.N. Metropole 1	C.N. Metropole	8:40.67 50m	_____
6 Cn.Salinas Sta.Lucia 1	Cn.Salinas Sta.Lucia	9:29.18 25m	_____
7 C.N..Faynagua C. Telde 1	C.N..Faynagua C. Telde	9:43.06 25m	_____

Prueba 11
22/11/2025

Masc., 4 x 100m Libre

Absoluto Masculino
Lista de salida

RR ABS	3:16.64	C.N. METROPOLE	ESP	19/12/2008
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Serie 1 de 2

2 C.P.Santa Mª De Guia 1	C.P.Santa Mª De Guia	4:28.11	25m	___:___:___
3 C.N. Valleverde 1	C.N. Valleverde	4:20.82	25m	___:___:___
4 Club Deportivo Agaeterun 1	Club Deportivo Agaeterun	4:14.89	25m	___:___:___
5 C.N. Carucagua 1	C.N. Carucagua	4:15.81	25m	___:___:___
6 C.N. Villa De Agüimes 2016 1	C.N. Villa De Agüimes 2016	4:22.90	25m	___:___:___

Serie 2 de 2

1 C.D. Herbania 1	C.D. Herbania	4:15.16	50m	___:___:___
2 C.N..Faynagua C. Telde 1	C.N..Faynagua C. Telde	3:54.35	50m	___:___:___
3 Esna Lanzarote 1	Esna Lanzarote	3:37.84	25m	___:___:___
4 C.N. Metropole 1	C.N. Metropole	3:28.99	50m	___:___:___
5 C.N. Aguacan 1	C.N. Aguacan	3:36.64	25m	___:___:___
6 Cn.Salinas Sta.Lucia 1	Cn.Salinas Sta.Lucia	3:42.30	25m	___:___:___
7 C.D. Nonadamos 1	C.D. Nonadamos	4:05.73	50m	___:___:___